Your address

Their address

Date

Dear use full name

**Re: SIGN guidelines for adults with cerebral palsy**

Cerebral palsy (CP) affects a person’s ability to control their movement, posture and balance. Cerebral palsy is the most common physical disability in children. Around 1 in 500 births will result in a diagnosis of cerebral palsy and in Scotland around 150 children are diagnosed each year.

CP results from an injury to the infant brain and affects each person differently. People with cerebral palsy live with a range of disabilities and challenges.

**[Insert your experience or link to cerebral palsy.]**

**SIGN guidelines for adults with cerebral palsy**

I/We am/are requesting that following the publication of the NICE guidelines for adults with cerebral palsy ([nice.org.uk/guidance/ng119](https://www.nice.org.uk/guidance/ng119)) in January 2019 the Scottish Government enable the publication of the equivalent SIGN guidelines for adults with cerebral palsy (CP) in Scotland. The NICE guidelines aim to improve health and wellbeing, promote access to services and support participation and independent living.

I/We ask you to ensure that adults with cerebral palsy in Scotland do not continue to be left behind those in the rest of the UK. Implementation of SIGN guidelines for this lifelong, incurable condition would ensure that those living with CP are treated on an equal basis as those living with other neurological conditions, such as epilepsy or Parkinson’s Disease. It would also help support the implementation of the National Framework for Action for Neurological Conditions 2020 – 2025 and the Health Improvement Scotland General Standards for Care and Support for Neurological Conditions.

The introduction of SIGN guidelines will positively impact the lives of those with CP by offering parity with the guidelines in the rest of the UK and with other long term conditions. They would give the right to an annual review with a specialist in CP to ensure this non-static condition is managed before physical changes become entrenched. These guidelines would support people with cerebral palsy to live better for longer.

**[Insert your experience of services for adults with cerebral palsy.]**

I/We look forward to hearing from you.

Yours sincerely,

[Your signature]

[Your full name]