



cerebral
palsy
scotland

Fundraising ideas

1. Fundraisers to do with family and friends

Auction of promises – Host an auction of promises with your family and friends. Have an in-person auction or open it up to the public with an online Facebook event page. If you're a hairdresser, why not auction a haircut? Can you bake a good cake? Why not auction a homemade cake delivery once a week for a month?

Birthday fundraiser – Instead of asking for gifts this year, why not ask for a donation to charity? You can set up a birthday fundraiser on Facebook where your family and friends can share and donate.

Casino night – Get your loved ones together and host your very own casino night. Charge an entry fee and have a night of fun- you can even dress up, Casino Royale style.

Dinner party – Host a dinner party. Create a menu and charge a per person entry fee. Know anyone who can play the guitar? Tell some jokes? Why not provide some light entertainment between courses?

Fitness and wellness class – Can you host your own fitness or wellness class? This can be any form of activity such as Yoga, meditation or a spin class. Ask for a donation to attend.

Give up bad habits – Do you have a bad habit you want to stop? Why not keep yourself accountable by raising money for Cerebral Palsy Scotland. Track your journey along the way and share it on social media.

If you have a skill – If you are skilled in your trade, can you do a charity day where all the money you would earn goes to charity?

Karaoke night – Host a fun Karaoke night for your family and friends. Charge an entry fee and donate your profits to Cerebral Palsy Scotland.

Live stream your event – Do you have a talent or skill which you can live stream online? Can you teach the guitar or do guided makeup lessons? Digital streaming is a great way to fundraise from the comfort of your own home, at a time that suits you.

Marathon events – Why not encourage your friends or family to join you in taking on the challenge of a marathon or half marathon. Can you go one step further and do it in a costume?

Open garden party – Host a garden party for your street, family and friends. Ask for a small entry fee or donation. Provide food and drinks, and maybe even some entertainment.

Quiz night – Host a quiz night for your family and friends. Ask for a small donation and have a fun night in.

Read-a-thon – Time to reread Harry Potter? Always wanted to tackle Tolstoy? Host a sponsored read-a-thon for you and your friends or family. Choose a good book, share your challenge online, and enjoy your reading!

Skydive – Are you an adventurous person? Why not try a once-in-a-lifetime opportunity and do a sponsored Skydive for Cerebral Palsy Scotland.

Triathlon – Push yourself out of your comfort zone and sign up to do a triathlon.

2. School fundraisers

Art exhibition – Host an art exhibition where you display your pupils’ artwork. Open it up to the public and ask for donations or a small entrance fee.

Bake off – Host your very own sponsored bake-off. Ask students to take part in a school bake off. See if you have anyone in the local community who could be a judge: a local baker? A celebrity host?

Concert – Does your school have a choir, orchestra or budding rock band? Why not host a concert? You can sell tickets or ask people to donate.

Disney day – Add a magical twist to your usual school day; ask pupils to dress up as their favourite Disney character for the day. You could ask each student to donate a small amount (£2).

Fashion show – Host your very own fashion show. Why not try something different and host a recycled fashion show? Get creative and ask student to make their outfits out of all recycled materials. Have judges and a prize for the winner.

Growing vegetables and plants –Does your school have a garden? Set up a garden club where students can grow fruit, veg and flowers to be sold at a school fair with the proceeds going to charity.

Host a dance competition – Host a fun dance competition for your pupils, charge a small entry fee and the winner gets a prize.

Jokes – Ask your pupils to bring in their favourite joke and a £1 donation. Hold an assembly (or two) dedicated to joking telling.

Lip sync competition – Host a lip-sync competition where students choose their song and battle against each other. The winner is the person who is most believable. The audience or judges can vote and the winner gets a prize.

Magic show – Get pupils to show off their best magic trick, charge £1 per person (or a donation).

Non-uniform day - Go green for cerebral palsy– Host a non-uniform for your pupils where they wear green- the international colour for cerebral palsy. Ask pupils to donate.

Quiz day – Host a quiz day. Each team must qualify for each level, and the last three teams standing compete in front of the school or public.

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Run, roll, ride challenge – Ask your students to run, role, or ride to school for a week.

Encourage students to ask for sponsorship from their friends and family to take on this challenge.

Talent show – Host a school talent show. Open to students and staff. Advertise the show to the public and charge an entry fee for all those attending.

Uniform day for teachers – All teachers must dress up in school uniform for the day. Each staff member makes a small donation and asks pupils if they want to donate. Go a step further and have a best-dressed competition for teachers.

Christmas hampers – Get your pupils to donate items which can be put together as a hamper. Sell the hampers at your school fair.

3. Work fundraisers

Auction of promises – Ask colleagues to come up with a pledge – such as getting a coffee for the whole team for a week, getting your boss to wear a fancy dress, or doing a job swap.

Auction the promises off in person, on a staff group chat, meeting, or notice board.

Bake sale – Host a bake sale. Offer home-baked cakes for your workplace for a small donation.

Challenge – Pick an office challenge like climbing the equivalent of a famous landmark by taking the stairs every day or cycling the distance of the Tour de France. Get a team together work and document your journey.

Firewalk – Get a team together and take part in a firewalk. This is an exciting way to challenge yourself and raise money for Cerebral Palsy Scotland.

Give up bad habits – Do you have a bad habit you want to stop? Why not keep yourself accountable by raising money for Cerebral Palsy Scotland. Track your journey along the way and share it on social media.

Go green for cerebral palsy – Come into work wearing green, the international colour for cerebral palsy.

Job swap – Sponsor your manager to do a stint in reception or cleaning your workplace.

Would you let a trainee have the top job in your workplace for a couple of hours?

Keep fit – Decide on a fitness challenge for your whole office to take part in. It could be for a week, a month or even a year! Ask people to sponsor you.

Raffle – Host a raffle in the office where everyone donates one or more items.

Use Your business – Use your business to donate a service for the day with all proceeds going to Cerebral Palsy Scotland.